

2025 World Champs Time Schedule

The 2025 World Championships will be held in Tokyo, Japan, September 13–21. Here's an easier-to-read version of the official timetable, with color-coded finals (blue = men; red = women; green = mixed). Codes: q = field-event qualifying round; run-in = round for athletes without automatic qualifiers; h = heats; rep = repechage; sf = semifinals; F = finals. Times are in the host time zone and represent a 24-hour clock ("military time").

SATURDAY, SEPTEMBER 13

08:00..... m35K Walk F
08:00..... w35K Walk..... F
09:00..... wDiscus A q
10:55..... mShot q
..... wDiscus B q
11:08..... m100..... run-in
11:40..... mixed4 x 400 h
(break)
18:05..... mSteeple h
18:15..... wLong Jump..... q
18:50..... mPole Vault q
18:55..... w100 h
19:50..... w1500 h
20:35..... m100..... h
21:10..... mShot F
21:30..... w10,000 F
22:20..... mixed4 x 400 F

SUNDAY, SEPTEMBER 14

08:00..... wMarathon F
09:00..... wHammer A..... q
09:35..... m1500..... h
10:45..... wHammer B..... q
11:20..... w100 Hurdles h
(break)
18:35..... m400..... h
18:40..... mHigh Jump..... q
19:10..... wDiscus..... F
19:25..... w400 h
20:20..... w100 sf
20:40..... wLong Jump..... F
20:43..... m100..... sf
21:05..... w1500 sf
21:30..... m10,000 F
22:13..... w100 F
22:20..... m100..... F

MONDAY, SEPTEMBER 15

08:00..... mMarathon..... F
09:00..... mHammer A q
09:05..... wPole Vault q
09:15..... wSteeple h
10:45..... mHammer B q
11:20..... w400 Hurdles h
(break)

19:35..... m400 Hurdles h
19:40..... mLong Jump q
20:10..... mPole Vault F
20:20..... m110 Hurdles h
21:00..... wHammer F
21:05..... w100 Hurdles h
21:30..... m1500 sf
21:55..... mSteeple F
22:20..... w100 Hurdles F

TUESDAY, SEPTEMBER 16

19:35..... m800..... h
19:40..... wTriple Jump..... q
20:35..... mHigh Jump F
20:40..... m110 Hurdles sf
21:00..... mHammer..... F
21:05..... w400 Hurdles sf
21:35..... m400..... sf
22:05..... w1500 F
22:20..... m110 Hurdles F

WEDNESDAY, SEPTEMBER 17

19:05..... mTriple Jump q
19:10..... mJavelin A..... q
19:30..... w200 h
20:10..... wPole Vault F
20:15..... m200..... h
20:45..... mJavelin B..... q
20:50..... mLong Jump F
21:00..... w400 Hurdles sf
21:30..... m400 Hurdles sf
21:57..... wSteeple F
22:20..... m1500..... F

THURSDAY, SEPTEMBER 18

19:05..... w5000 h
19:15..... wHigh Jump q
19:23..... mJavelin F
19:55..... w800 h
20:55..... wTriple Jump..... F
21:02..... m200..... sf
21:24..... w200 sf
2145..... m800..... sf
22:10..... m400..... F
22:24..... w400 F

FRIDAY, SEPTEMBER 19

17:33..... wHept 100H
18:20..... wHept HJ
19:30..... wJavelin A q
20:05..... m5000 h
20:30..... wShot q
20:45..... w800 sf
20:50..... mTriple Jump F
21:00..... wJavelin B..... q
21:15..... m400 Hurdles F
21:27..... w400 Hurdles F
21:38..... wHept 200
22:06..... m200..... F
22:22..... w200 F

SATURDAY, SEPTEMBER 20

07:30..... w20K Walk..... F
09:20..... mDec100
09:25..... mDiscus A q
09:45..... m20K Walk F
10:05..... mDec LJ
10:10..... wShot q
10:55..... mDiscus B q
11:30..... wHept LJ
11:45..... mDec SP
(break)

19:00..... wHept JT
19:05..... mDec HJ
19:35..... m4 x 400 h
19:56..... wShot F
20:00..... w4 x 400 h
20:26..... m4 x 100 h
20:45..... w4 x 100 h
21:06..... wHept 800 F
21:10..... wJavelin F
21:26..... mDec 400
21:50..... m800..... F
22:05..... w5000 F

SUNDAY, SEPTEMBER 21

09:05..... mDec 110H
09:55..... mDec DT A
11:05..... mDec DT B
11:35..... mDec PV A
12:20..... mDec PV B
(break)
17:40..... mDec JT A
18:45..... mDec JT B
19:30..... wHigh Jump F
19:35..... w800 F
19:50..... m5000 F
20:00..... mDiscus F
20:25..... m4 x 400 F
20:40..... w4 x 400 F
20:55..... mDec 1500 F
21:10..... w4 x 100 F
21:20..... m4 x 100 F

Timetables are always open
to modification.

This version is as of
May 24, 2025.